

Annual Parish Meeting 2014

"Friends in Deed"

"Friends in Deed" is a group of friends that attend local high schools and 6th forms around Debenham. We organise fund-raising events in aid of charities.

We have been working together since 2009 when our chosen charity was the Kariandusi Trust that supports school children and young people in Kenya.

In 2010 we raised money for HOPS and the Helen House Hospice. We were able to donate £704.92 to both of these good causes and in 2011 we sent £750 to Kagera, a diocese in Tanzania and £1660 was raised for the Teenage Cancer Trust Unit at St James Hospital, Leeds.

In 2012 we raised £2143 for the Ubaka U Rwanda, a street children's association. In 2013 we chose Ipswich Night Shelter as our chosen charity and managed to raise £2808 over the year.

This year we are supporting the charity, "Young Minds".

Young Minds is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people.

The charity also provides expert knowledge to professionals, parents and young people through a Parents' Helpline, online resources, training and development, outreach work and publications.

We chose this charity as we are aware that:

1 in 10 Young people have a mental health problem

80,000 Children and young people suffer from severe depression

1 in 12 Young people self harm

The events that we have organised include Arts and Craft Activity Afternoons, Art Exhibitions, Coffee Mornings, a Sponsored Artsathon, cake sales, a Harvest Supper and activities at village events. The events were well supported by the community and members of the church.

Thank-you to everyone who has helped us raise over £ 9,000 for our chosen charities.

Report by Rosie Voller

<http://www.friendsindeed.org.uk/>